



## ADVERTS - SERVICES

### **HAPPY RIDER CONFIDENCE COACHING** [01.03.10]

Do you have a specific goal or challenge you are working towards? Would you like to feel more confident? Perhaps you had a bad experience or perhaps feeling a bit anxious? Happy Rider Confidence Coaching can help you to achieve your goals and feel more confident. One to one or group sessions that are tailored to your needs.

Contact us on 07941 165456 or [info@happyrider.co.uk](mailto:info@happyrider.co.uk) or go to [www.happyrider.co.uk](http://www.happyrider.co.uk)